

# Lynchburg-Clay Middle School

## MEAL PRICING:

Lunch Full Price \$3.00

Reduced Lunch Price \$0.40

## LUNCH Menu September-December 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Additional Daily Entrée Choice: 4x6 Pepperoni Pizza</b>	Chicken Tender Wrap  Tossed salad w/ dressing, carrots, cucumber, banana peppers, croutons, cheese  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk	Pepperoni Calzone  Baked Hash Brown  Assorted Fresh Fruit, 100% Juice, or Fruit Cup  Chocolate or White Milk	Cheesy Bread Stick  Warm Marinara Sauce  Seasoned Green Beans  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk	Soft Taco Wrap w/ Meat  Tossed salad w/ dressing, carrots, cucumber, banana peppers, salsa, sour cream, taco sauce, cheese, black beans  Assorted Fresh Fruit, 100% Juice, or Fruit Cup  Chocolate or White Milk	4x6 Pepperoni Pizza  Corn  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk
<b>Additional Daily Entrée Choice: 4x6 Pepperoni Pizza</b>	Chicken Fajita Wrap  Tossed salad w/ dressing, carrots, cucumber, banana peppers, croutons, salsa, sour cream, taco sauce, cheese, black beans  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk	Cheeseburger/ Bun  Lettuce, tomato, onion, pickle  Baked French or Sweet Potato Fries  Assorted Fresh Fruit, 100% Juice, or Fruit Cup  Chocolate or White Milk	Chicken Quesadilla  Salsa, sour cream, taco sauce, cheese, black beans  Seasoned Green Beans  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk	Crazy Taco w/ Meat  Tossed salad w/ dressing, carrots, cucumber, banana peppers, salsa, sour cream, taco sauce, cheese, black beans  Nacho Cheese or Cool Ranch Doritos  Assorted Fresh Fruit, 100% Juice, or Fruit Cup  Chocolate or White Milk	Personal Pan Pizza  Corn  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk
<b>Additional Daily Entrée Choice: 4x6 Pepperoni Pizza</b>	Chicken Patty/ Bun  Lettuce, tomato, onion, pickle  Vegetable  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk	Mustang Burger/ Bun  Lettuce, tomato, onion, pickle  Baked hash brown  Assorted Fresh Fruit, 100% Juice, or Fruit Cup  Chocolate or White Milk	Cheesy Bread Stick  Warm Marinara Sauce  Seasoned Green Beans  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk	Walking Taco w/ Meat  Tossed salad w/ dressing, carrots, cucumber, banana peppers, salsa, sour cream, taco sauce, cheese, black beans  Assorted Fresh Fruit, 100% Juice, or Fruit Cup  Chocolate or White Milk	Pizza French Bread  Corn  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk
<b>Additional Daily Entrée Choice: 4x6 Pepperoni Pizza</b>	Popcorn Chicken  Tossed salad w/ dressing, carrots, cucumber, banana peppers, croutons, cheese  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk	Cheeseburger/ Bun  Lettuce, tomato, onion, pickle  Baked French or Sweet Potato Fries  Assorted Fresh Fruit, 100% Juice, or Fruit Cup  Chocolate or White Milk	Corn Dog  Baked Beans  Assorted Chips  Carrots & Celery Sticks w/ dressing  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk	Cooks Choice  Vegetable  Assorted Fresh Fruit, 100% Juice, or Fruit Cup  Chocolate or White Milk	Stuffed Crust Pizza  Corn  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk

September 2019

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2019

S	M	T	W	T	F	S
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20	21	22	23	24	25	26
27	28	29	30	31		

November 2019

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
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24	25	26	27	28	29	30

December 2019

S	M	T	W	T	F	S
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22	23	24	25	26	27	28
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Thanksgiving Meal will be November 14<sup>th</sup>

Christmas Meal will be December 12<sup>th</sup>



### SNACKS

We offer a variety of a la carte snack items in our cafeteria.

This institution is an equal opportunity provider.

# Lynchburg-Clay Middle School

## MEAL PRICING:

Breakfast Full Price \$1.25  
 Reduced Breakfast Price \$0.30

## BREAKFAST Menu September-December 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cocoa Puff or Cinnamon Toast Crunch Soft Filled Bar  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk	Pop Tart and Goldfish Crackers  Assorted Fresh Fruit, 100% Juice, or Fruit Cup  Chocolate or White Milk	Biscuit and Sausage Gravy  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk	Mini Cinnis  Assorted Fresh Fruit, 100% Juice, or Fruit Cup  Chocolate or White Milk	Sausage Biscuit Sandwich  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk
Mini Chocolate or Powdered Donuts  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk	Chocolate Chip Oatmeal Bar  Assorted Fresh Fruit, 100% Juice, or Fruit Cup  Chocolate or White Milk	Biscuit and Sausage Gravy  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk	Pancake and Sausage on a Stick with syrup  Assorted Fresh Fruit, 100% Juice, or Fruit Cup  Chocolate or White Milk	Pancakes and syrup or Apple Cinnamon Texas Toast  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk
Assorted yogurt or cereal packs  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk	Apple or Cherry Frudel  Assorted Fresh Fruit, 100% Juice, or Fruit Cup  Chocolate or White Milk	Biscuit and Sausage Gravy  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk	Fresh baked donut  Assorted Fresh Fruit, 100% Juice, or Fruit Cup  Chocolate or White Milk	Sausage Biscuit Sandwich  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk
Mini Chocolate or Powdered Donuts  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk	Assorted muffins or Warm Bagel with strawberry or plain cream cheese  Assorted Fresh Fruit, 100% Juice, or Fruit Cup  Chocolate or White Milk	Biscuit and Sausage Gravy  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk	Fresh baked cinnamon roll  Assorted Fresh Fruit, 100% Juice, or Fruit Cup  Chocolate or White Milk	French Toast Sticks or waffles with syrup  Assorted Fresh Fruit or Fruit Cup  Chocolate or White Milk

Daily choice of cereal and assorted yogurt.

Bring in Box Tops and Tyson A+ labels to raise money for our school.



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September 2019

S	M	T	W	T	F	S
1	2	3	4	5	6	7
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October 2019

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November 2019

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December 2019

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What's for breakfast? Reference the calendar and match the corresponding color with the day and date.