# Lynchburg-Clay Middle School

### LUNCH Menu

### January- May 2020

#### **MEAL PRICING:**

Lunch Full Price\$3.00Reduced Lunch Price\$0.40

	Lonon mena		o and a y			
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Additional Daily Entrée Choice: 4x6 Pepperoni Pizza	Chicken Tender Wrap Tossed salad w/ dressing, carrots, cucumber, banana peppers, croutons, cheese Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Pepperoni Calzone Baked Hash Brown Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Pulled Pork/ Bun Cheesy Potatoes Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Crazy Taco w/ Meat Tossed salad w/ dressing, carrots, cucumber, banana peppers, salsa, sour cream, taco sauce, cheese, black beans Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	4x6 Pepperoni Pizza Corn Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk
	Additional Daily Entrée Choice: 4x6 Pepperoni Pizza	Cheesy Breadstick Warm Marinara Sauce Tossed salad w/ dressing, carrots, cucumber, banana peppers, croutons, salsa, sour cream, taco sauce, cheese, black beans Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Cheeseburger/ Bun Lettuce, tomato, onion, pickle Baked French or Sweet Potato Fries Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Chicken Quesadilla Salsa, sour cream, taco sauce, cheese, black beans Seasoned Green Beans Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Chili w/ crackers Grilled Cheese Fresh Veggies Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Personal Pan Pizza Corn Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk
	Additional Daily Entrée Choice: 4x6 Pepperoni Pizza	Chicken Patty/ Bun Lettuce, tomato, onion, pickle Vegetable Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Mustang Burger/ Bun Lettuce, tomato, onion, pickle Baked hash brown Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Cheesy Bread Stick Warm Marinara Sauce Seasoned Green Beans Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Walking Taco w/ Meat Tossed salad w/ dressing, carrots, cucumber, banana peppers, salsa, sour cream, taco sauce, cheese, black beans Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Pizza French Bread Corn Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk
	Additional Daily Entrée Choice: 4x6 Pepperoni Pizza	Popcorn Chicken Tossed salad w/ dressing, carrots, cucumber, banana peppers, croutons, cheese Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Cheeseburger/ Bun Lettuce, tomato, onion, pickle Baked French or Sweet Potato Fries Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Corn Dog Baked Beans Assorted Chips Carrots & Celery Sticks w/ dressing Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Cooks Choice Vegetable Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk (Also served on May 18- 19-20)	Stuffed Crust Pizza Corn Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk
I	S M T W T F   - - 1 2 3   5 6 7 8 9 10   12 13 14 15 16 17   19 20 21 22 23 24   20 27 8 9 3 3	4 - - - 1   11 2 3 4 5 6 7 8   18 9 10 11 12 13 14 15	1 2 3 4 5 6 7   8 9 10 11 12 13 14 5   15 16 17 18 19 20 21 12   22 23 24 25 26 27 28 19	2 13 14 15 16 17 18 10 1	M T W T F S   4 5 6 7 8 9 Ia carte   11 12 13 14 15 16 OU,   18 19 20 21 22 23 This ins	SNACKS er a variety of a snack items in r cafeteria. stitution is an equal rtunity provider.

## Lynchburg-Clay Middle School

MEAL PRICING:Breakfast Full Price\$1.25Reduced Breakfast Price\$0.30

### **BREAKFAST Menu**

### January- May 2020

				THE WAY AND	The second second			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Daily			
Cocoa Puff or Cinnamon Toast Crunch Soft Filled Bar	Pop Tart and Goldfish Crackers Assorted Fresh Fruit,	Biscuit and Sausage Gravy Assorted Fresh Fruit	Mini Cinnis Assorted Fresh Fruit, 100% Juice, or Fruit	Sausage Biscuit Sandwich Assorted Fresh	choice of cereal and assorted yogurt.			
Assorted Fresh Fruit or Fruit Cup	100% Juice, or Fruit Cup	or Fruit Cup	Cup	Fruit or Fruit Cup	activity and			
Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk	Bring in Box Tops and Tyson A+ labels to			
Mini Chocolate or Powdered Donuts Assorted Fresh Fruit or Fruit Cup	Chocolate Chip Oatmeal Bar Assorted Fresh Fruit, 100% Juice, or Fruit Cup	Biscuit and Sausage Gravy Assorted Fresh Fruit or Fruit Cup	Fresh Baked donut Assorted Fresh Fruit, 100% Juice, or Fruit Cup	Pancakes and syrup or Apple Cinnamon Texas Toast Assorted Fresh	raise money for our school.			
Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk	Fruit or Fruit Cup Chocolate or White Milk				
Assorted yogurt or cereal packs Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Apple or Cherry Frudel Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Biscuit and Sausage Gravy Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	Fresh baked cinnamon roll Assorted Fresh Fruit, 100% Juice, or Fruit Cup Chocolate or White Milk	Sausage Biscuit Sandwich Assorted Fresh Fruit or Fruit Cup Chocolate or White Milk	殿			
Mini Chocolate or Powdered Donuts Assorted Fresh Fruit or Fruit Cup	Fresh Baked Donut Assorted Fresh Fruit, 100% Juice, or Fruit Cup	Biscuit and Sausage Gravy Assorted Fresh Fruit or Fruit Cup	Pancake or Sausage on a Stick with syrup Assorted Fresh Fruit, 100% Juice, or Fruit Cup	French Toast Sticks or waffles with syrup Assorted Fresh Fruit or Fruit	This institution is an equal opportunity provider.			
Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk	Cup Chocolate or White Milk				
January 2020 February 2020 S M T W T F S S M T W T F S M T W T F S S M T W T F S M T W T F S M T W T F S M T W T F S M T W T F S M T W T F S M T W T F S M T W T F S M T W T F S M T W T F S M T W								