

# OCTOBER 2016

## Middle School Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> <u>GIRLS</u> <b>BREAKFAST</b> Mini Cinnis <b>LUNCH</b> Pizza Corn Fruit	<b>4</b> <b>BREAKFAST</b> Sausage biscuit <b>LUNCH</b> Chicken nuggets Fresh veggies Roll Fruit	<b>5</b> <b>BREAKFAST</b> Assorted muffins <b>LUNCH</b> Soft taco Salad w/dressing Black beans Fruit	<b>6</b> <b>BREAKFAST</b> Sausage biscuit & gravy <b>LUNCH</b> Chicken quesadilla Green beans Fruit	<b>7</b> <b>BREAKFAST</b> Chocolate chip breakfast bar <b>LUNCH</b> Chicken wrap Salad w/ dressing Fruit
<b>10</b> <u>BOYS</u> <b>BREAKFAST</b> Apple Frudel <b>LUNCH</b> Pepperoni calzone Corn Fruit	<b>11</b> <b>BREAKFAST</b> French toast <b>LUNCH</b> Popcorn chicken Green beans Roll Fruit	<b>12</b> <b>BREAKFAST</b> Breakfast pizza <b>LUNCH</b> Crazy taco Salad w/dressing Black beans Fruit	<b>13</b> <b>BREAKFAST</b> Sausage gravy & biscuit <b>LUNCH</b> Cheeseburger Reg. or sweet potato fries Fruit	<b>14</b> <b>BREAKFAST</b> Waffles <b>LUNCH</b> Chicken fajita Salad w/dressing Fruit
<b>17</b> <u>GIRLS</u> <b>BREAKFAST</b> Poptarts <b>LUNCH</b> Pizza Corn Fruit	<b>18</b> <b>BREAKFAST</b> Sausage biscuit <b>LUNCH</b> Chicken patty Green beans Fruit	<b>19</b> <b>BREAKFAST</b> Super donut <b>LUNCH</b> Taco wedges Salad w/dressing Fruit	<b>20</b> <b>BREAKFAST</b> Sausage gravy & biscuit <b>LUNCH</b> Chili w/crackers PB & J sandwich Fresh veggies Fruit	<b>21</b> NO SCHOOL
<b>24</b> <u>BOYS</u> <b>BREAKFAST</b> Sausage pancake wrap <b>LUNCH</b> Pizza Corn Fruit	<b>25</b> <b>BREAKFAST</b> French toast <b>LUNCH</b> Corn dog Baked beans Fruit	<b>26</b> <b>BREAKFAST</b> Pancakes <b>LUNCH</b> Grand Nachos Salad w/dressing Black beans Fruit	<b>27</b> <b>BREAKFAST</b> Sausage gravy biscuit <b>LUNCH</b> Cook's choice Vegetable Fruit	<b>28</b> <b>BREAKFAST</b> Breakfast sliders <b>LUNCH</b> Ravioli Garlic bread Salad w/dressing Fruit
<b>31</b> <u>GIRLS</u> <b>BREAKFAST</b> Cereal bar <b>LUNCH</b> Pepperoni calzone Corn Fruit	Nov. 1 <b>LUNCH</b> Hot dog Baked beans Fruit		<b>MILK AND JUICE OR FRUIT                      SERVED DAILY WITH                      BREAKFAST</b>  <b>MILK SERVED DAILY WITH                      LUNCH</b>	<b>BREAKFAST</b> \$1.25 (REDUCED \$.30)  <b>LUNCH</b> \$2.85 (REDUCED \$.40)

### News

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