

# Lynchburg-Clay Local School District

MR. BRETT JUSTICE, SUPERINTENDENT

301 EAST PEARL STREET ~ P.O. BOX 515 ~ LYNCHBURG, OHIO 45142

Phone (937) 364-2338

[www.lclsd.org](http://www.lclsd.org)

Fax (937) 364-2339

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LINDA HATTEN, Principal  
Lynchburg-Clay High School  
Phone (937) 364-2250  
Fax (937) 364-6133

ANGELA GODBY, Principal  
ROBERT MACLEOD, Admin. Asst.  
Lynchburg-Clay Elementary  
Phone (937) 364-9119  
Fax (937) 364-8119

CASEY T. SMITH, Principal  
Lynchburg-Clay Middle School  
Phone (937) 364-2811  
Fax (937) 364-2159

8/26/2020

Dear Parent or Guardian:

I'd like to welcome you back to a unique year at Lynchburg-Clay. The COVID-19 pandemic has changed the way that students will be assessed in the nurse's office this year. As was shared in the Lynchburg-Clay Local School District Fall 2020 Reopening Plan, there are new guidelines in place to limit the spread of illness in our school buildings. **On the other side of this page, I have shared a chart of illness guidelines that will hopefully help your decision making process should your child become ill.**

Also enclosed, please find a copy of our medication form(s). If your child will be keeping an over-the-counter medication in the nurse's office this school year, please complete the Parent/Guardian side of this form and bring it to school with the medication **in its original container**. If your child will be taking a prescription medication at school (including an inhaler or an EpiPen), please complete the Parent/Guardian side of the form and **also have your child's doctor complete the form**. We will need to have the completed form and the medication **in its original container** in order to give that medication at school. Please try to avoid sending in medications that will expire during the school year.

**If your child has/needs an Emergency Action Plan for a medical condition, an updated plan must be completed and signed by your child's doctor as soon as possible.**

To access additional medical forms, contact the school nurse's office at 937-364-9119 or visit the School Nurse link at [lynchclay.k12.oh.us](http://lynchclay.k12.oh.us) to print forms at home. If you have any questions about returning to school after illness, please contact the school nurse.

Thank you,

Lindsey Bennett MSN, RN, LSN  
School Nurse

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BOARD OF EDUCATION:

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**This chart is not a substitute for medical advice or treatment.** Please contact the school nurse at 937-364-9119 or call your child's healthcare provider with any questions.

REASONS TO KEEP YOUR CHILD AT HOME	WHEN CAN HE/SHE RETURN?
Temperature at or greater than 100.0F and NO other symptoms	Child may return when he/she has a temperature of <b>less than 100F for at least 72 hours without medications.</b>
<u>Any ONE of the following symptoms of COVID-19:</u> cough, shortness of breath, or difficulty breathing	Child must stay home from school and see his or her healthcare provider. <b>We must receive a note from your child's healthcare provider stating that he/she may return to school.</b>
<u>Any TWO of the following symptoms of COVID-19:</u> fever (measured or subjective), chills, muscle or body aches, headache, sore throat, new loss of taste or smell, GI issues (nausea, vomiting, or diarrhea)	Child must stay home from school and see his or her healthcare provider. <b>We must receive a note from your child's healthcare provider stating that he/she may return to school.</b>
<u>Any ONE of the following symptoms AND a link to a case of COVID-19:</u> cough, shortness of breath, difficulty breathing, fever (measured or subjective), chills, muscle or body aches, headache, sore throat, new loss of taste or smell, GI issues (nausea, vomiting, or diarrhea)	Child must stay home from school and see his or her healthcare provider. <b>We must receive a note from your child's healthcare provider stating that he/she may return to school.</b>
Student diagnosed with COVID-19	Child may return when he/she has a temperature of less than 100F for at least 72 hours without medications, other symptoms are improved, and it has been 10 calendar days since symptoms appeared. <b>We must receive a note from your child's healthcare provider stating that he/she may return to school.</b> On the first day returning to school, the student must be transported to the school by a parent (no bus) and checked by the school nurse before going to class.
Other contagious illness (like strep throat, chicken pox, pink eye, or impetigo)	When a student has anything contagious, he/she must stay home until cleared by a healthcare provider. This allows your child to heal and prevents other students from getting sick. <b>We must receive a note from your child's healthcare provider stating that he/she may return to school.</b>
Vomiting 2 or more times over the past 24 hours with NO other symptoms	Keep your child home to rest until they have not vomited for at least 24 hours. Seek medical treatment as needed for frequent vomiting, as this could lead to dehydration. Call your child's school to notify staff of when child will be returning.
Diarrhea with NO other symptoms	Diarrhea is uncomfortable, hard to manage in the classroom, and may be caused by a contagious bacteria or virus. Keep your child home until he/she has had at least 2 normal stools. Seek medical attention as needed for frequent or painful diarrhea, which can cause dehydration or be a sign of another medical problem. Call your child's school to notify staff of when child will be returning.
Rash	Many rashes are not contagious and will disappear on their own. However, if your child has a rash that is very itchy, scaly, or weeping, you should seek medical attention and keep your child home until directed by your child's healthcare provider.
Pain	If your child is in too much pain to participate in classroom activities, he/she needs to stay home. Seek medical attention as needed to determine treatment for pain.