

LYNCHBURG-CLAY HIGH SCHOOL STUDENT ATHLETE HANDBOOK

About this Handbook

This packet has been prepared with the intention of being a reference guide for regulations and existing rules in effect concerning the athletic policies and procedures of Lynchburg-Clay High School. It is our hope that this booklet would contribute to a better understanding of policies and procedures that will enable all those involved to work together within the athletic program.

It is our wish that this handbook will be helpful to those for whom it is intended. Obviously in the future certain policies and regulations may change. We also welcome any ideas or suggestions that would be meant to improve the athletic program.

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Lynchburg-Clay Athletic Handbook

Section I: Vision Statement and Goals of the Lynchburg-Clay Athletic Department

A. Vision Statement of the Lynchburg-Clay School District

The Lynchburg-Clay Schools will be places where all strive for educational excellence. We envision our students to be lifelong learners who obtain the skills necessary to be productive citizens.

B. Goals of the Lynchburg-Clay Athletic Department

In correspondence with the vision of the Lynchburg-Clay School District, the Athletic Department believes that participation in athletics improves the opportunity to become productive citizens. Through lessons on teamwork, goal setting, and individual responsibility, participation in athletics allows student-athletes to grow mentally, morally, physically, and emotionally.

C. Philosophy of the Lynchburg-Clay Athletic Department

The most important goal of the Lynchburg-Clay Athletic Department is to provide every participant the opportunity to grow mentally, morally, physically, and emotionally. To assure that the program can provide these opportunities, a degree of self-discipline is required of each participant. Self-discipline involves compliance with rules and regulations concerning personal behavior.

Rules promote order and safety, and assist participants to reach maximum performance potential. Every participant should adhere to the rules of the school, and conduct himself or herself as a “good citizen” of that school and the community at all times. Dedication and personal sacrifice by each participant promotes a sense of group unity and common goals.

Compliance with the rules can help each participant learn values that carry beyond the extracurricular program and into daily living.

It must also be remembered that participation in extracurricular programs is not a right, but a privilege that may be regulated. Therefore, all students who participate in interscholastic athletics or other extracurricular program activities at anytime, must meet the following regulations from date of enrollment or date of participation, whichever comes first. Failure to comply with the regulations could jeopardize a student's participation in the Lynchburg-Clay Athletic Program.

Section II: Eligibility Requirements

A. Enrollment/Resident Requirements

1. High School students must be enrolled at Lynchburg-Clay High School on the first day of their 9th grade year OR have moved into and live within the District. If a move has occurred, a residence affidavit must be filed with the OHSAA.

B. Scholarship Requirements

1. High School students must maintain a minimum **1.75 GPA** for the previous 9 weeks grading period. Students must be passing a minimum of 5 credits and **cannot have failed any class** during the previous 9 weeks grading period.
2. Jr. High students **cannot have failed any class** during the previous 9 weeks grading period.
3. To be eligible to participate in a contest on a given day, the student athlete must be present for the final 3 periods of the day OR have a doctor's note before the day of the absence.

C. Age Requirements

1. High school students cannot have turned 19 before August 1 of the participating year.
2. Jr. High students cannot have turned 15 before August 1 of the participating year.

D. Health/Medical Requirements

1. All students must have a physical on file before they may participate in any organized Lynchburg-Clay athletic event.
2. All students must have an emergency medical form on file before being allowed to participate in any organized Lynchburg-Clay athletic event.
3. A student must have insurance to participate in any sport. The insurance can be family, or through the school.
4. Any athlete suspected of having a concussion must have a written release to play document from a doctor before resuming participation.

E. Miscellaneous Requirements

1. Athletes may not receive any award or merchandise as a result of participation valued at more than \$200.00.
2. When enrolled in grade 9 for the first time, all students have eight (8) semesters of athletic eligibility taken in order of attendance whether participation does or does not occur.
3. Other requirements are based on OHSAA guidelines.

Section III: Athletic Code of Conduct

A. Illegal Substances

1. The use or possession of alcohol, tobacco, illegal drugs, or steroids is strictly prohibited.
 - a. The first violation of this standard will result in a 4 contest suspension. The 4 contest suspension may overlap into the next season if necessary.
 - b. A second violation will result in suspension from all athletic participation for 1 calendar year.
 - c. A third violation will result in permanent expulsion from athletic participation.
 - d. Violations will accumulate beginning with the 7th grade year and will run through the completion of the 12th grade year.
 - e. Violations can/will include pictures where the prohibited substances are in use (ie. parties, Facebook, phone messages, etc.)**

B. Behavior Expectations

1. Lynchburg-Clay Student Handbook

- a. Students are expected to abide by the Lynchburg-Clay student handbook at any time they are representing a Lynchburg-Clay athletic team.
- b. If the LC student handbook guidelines are violated, the student may be punished by the coach and/or the administration depending on the severity of the violation.

2. School Disciplinary Standards*

- a. A student athlete that receives 3 detentions during a season will be suspended from 1 contest. Each subsequent detention during that season will result in a one game suspension.**
- b. A student athlete who receives a 1-5 day out-of-school suspension during a season will be suspended for two contests (which may or may not correspond with the actual out-of-school suspension).**
- c. Any student athlete who receives more than a 5 day out-of-school suspension during a season will be suspended for 3 athletic contests (which may or may not correspond with the out-of-school suspension).**
- d. Any student who receives an in-school suspension during a season will be suspended from participation in 1 athletic contest.**
- e. Any student athlete who has been expelled may not participate during the duration of the expulsion.**

3. Criminal Misconduct

- a. Any student convicted of any criminal statute, other than a non-drug/alcohol traffic violation, will be denied participation permanently.**
- b. Any student with pending criminal statute violations will not be eligible to participate until the matter is resolved.**

Section III: Athletic Code of Conduct

B. Behavior Expectations, cont.

4. Hazing

a. Hazing is described as various rituals and other activities that may involve the harassment, abuse or humiliation that used as a way of initiating a person into a group.

b. Hazing will not be tolerated on any level. Punishments for hazing will be handled on a case by case basis. It will be determined by a combination of past disciplinary issues and the severity of the hazing incident.

5. Miscellaneous Expectations

a. All student athletes will be expected to follow the guidelines/rules that are set up by the coach for that season. Violations of the team rules will be handled by the individual coach.

b. All financial expectations (shoes, hats, socks, etc.) must be met before participation in any contest may occur.

6. In order to make students and parents aware of expectations, it is required that each coach or advisor discuss these regulations with parents and students prior to the student's participation in a contest. Participants and parents, together with coaches and advisors, are expected to attend.

*seasons will begin on the first day of organized practice.

Section IV: General Regulations

A. Equipment and Uniforms: Athletes are responsible for all equipment and uniforms that are issued to them. Athletes will be charged for lost or damaged equipment.

B. Awards Banquet: Athletes are expected to attend the awards banquet. *If an athlete does not attend the banquet, they will forfeit any award that they receive.* Athletes must be dressed appropriately and follow school dress code standards.

C. Any behavior that may cause embarrassment to the Team will be dealt with appropriately. Depending upon the violation, an appropriate disciplinary action will be decided. *This could include permanent expulsion from the team.*

D. If a player is removed from or quits the team, he/she will not be allowed to participate in the next season until the present season is over.

E. Every athlete will also be expected to follow the Lynchburg-Clay School District student handbook regulations at both home and away athletic contests.

F. These rules and regulations are in effect any time the student/athlete is participating in a sport (conditioning, practice, etc.) from the date that they are signed until one calendar year has elapsed.

This form is in effect during the period(s) that your son/daughter participates on any athletic team during the 2011-2012 school year and will be in effect for ONE CALENDAR YEAR FROM THE TIME IT IS SIGNED. If insurance information changes at any time during the year please contact the Athletic Director or Principal.

1. Insurance Waiver

Parents should be advised that injuries can occur in any sporting event. I, _____ do not wish to insure my son/daughter under the school accident insurance plan. Therefore, I am willing to assume any doctor or hospital bills which may result from injuries incurred while engaged in athletics.

Parent Signature

2. Website release

I understand the privacy issues involved Lynchburg-Clay's Athletic Website and I, _____, will allow my child's picture and brief athletic biography to be put on the LCAD website.

Parent Signature

3. Concussion Waiver

I give permission to the Lynchburg-Clay administration to communicate with my child's teachers in the event that a concussion occurs while participating in athletics.

Parent Signature

4. Parental Recognition Notice

I have read, and I understand, the information regarding the athletic policies of Lynchburg-Clay High School and the Ohio High School Athletic Association and have had the opportunity to review its contents with school administrators if I wished to do so. I realize that I will be expected to fulfill my responsibilities in compliance with the rules and regulations set forth.

Student Signature

Date

Parent Signature

Date

The Parent's Pledge

Cooperation among coaches, athletes, parents, and school personnel is essential if students are to realize the values of athletic participation. Like coaches and athletes, parents must make commitments to the athletic program to assure such cooperation. We ask that you read the following Pledge and, as needed, discuss your reactions with your son's/daughter's coach or with the Athletic Director. Thanks for your help.

As parents of an athlete at Lynchburg-Clay High School, I promise:

- To work closely with all school personnel to assure an appropriate academic as well as athletic experience for my son/daughter while he or she is in high school.
- To assure, to the best of my ability, that my child will attend all scheduled practices and athletic contest.
- To require my child to abide by the athletic department's training rules.
- To acknowledge, and not hinder, the ultimate authority of the coach to determine strategy and player selection.
- To promote mature behavior in students and parents during athletic contests.
- To work cooperatively with other parents and school personnel to assure a wholesome and successful athletic program for our school.
- To work closely with coaches and other school personnel to identify a reasonable and realistic future for my child as a student athlete, both in high school and in college.

Athlete name (print)_____

Parent name (print)_____

Parent signature_____